

COMMUNITY INITIATIVES

MAKING EVERY DELIVERY MEANINGFUL

Cardiac arrests can happen any time, anywhere, and so being at the right time and place with the right skills and equipment can make a difference to saving someone's life.

Under the SingPost Automated External Defibrillator (AED)-on-Wheels programme launched in March 2023, SingPost delivery staff and their vehicles will respond quickly to emergencies when needed.

SingPost vehicles comprising 11 vans and 14 three-wheeler bikes have been equipped with AED, first aid kits and fire extinguishers, while 164 SingPost postal delivery staff have volunteered to be trained by the Singapore Civil Defence Force (SCDF) on core lifesaving skills and essential emergency procedures.

"I think this training is very meaningful. I volunteered for AED training because I can quickly bring help and relief to someone in need when I am on my delivery." said Qiao Yan, Mail Ambassador, who is now a community first responder (CFR) trained by SCDF in cardiopulmonary resuscitation (CPR), first aid, use of fire extinguishers and AEDs.

When a report about a cardiac arrest is received, the CFR in participating vehicles within 1.5km of the case will be alerted by the SCDF via the 'myResponder' mobile application. If the CFRs are still in the vicinity and able to help, they can quickly proceed to the scene to perform CPR, and administer the AED on the victim.

First launched in November 2015 by SCDF as part of its Save-A-Life Initiative, the AED-on-Wheels programme ensures that AEDs are more accessible to the public. As of January 2023, 48 respondents under this initiative have arrived at scenes for suspected cardiac arrest and minor fire cases, helping to save lives.

SingPost is proud to support this initiative and be part of the growing nation of lifesavers. Our vehicles and drivers under this AED-on-Wheels programme can make a critical difference in the lives of others whenever they ply the roads, particularly crucial in areas with limited AED coverage.

SINGPOST VEHICLES COMPRISING 11 VANS AND 14 THREE-WHEELER BIKES HAVE BEEN EQUIPPED WITH AED, FIRST AID KITS AND FIRE EXTINGUISHERS, WHILE 164 SINGPOST POSTAL DELIVERY STAFF HAVE VOLUNTEERED TO BE TRAINED BY THE SINGAPORE CIVIL DEFENCE FORCE (SCDF) ON CORE LIFESAVING SKILLS AND ESSENTIAL EMERGENCY PROCEDURES.



The Singapore Civil Defence Force (SCDF) – Singapore Post Limited (SingPost) Automated External Defibrillator (AED) -on-Wheels programme was officially launched by on 13 March 2023.

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LIFTING SPIRITS WITH BAGS OF HAPPINESS ISLANDWIDE

“AS AN ORGANISATION THAT ASPIRES TO STRENGTHEN AND UPLIFT OUR COMMUNITY, I AM HEARTENED THAT OUR SINGPOST STAFF VOLUNTEERED THEIR TIME AND ENERGY GENEROUSLY IN ADDITION TO THEIR WORK SCHEDULES, TO ENSURE THAT PEOPLE IN NEED RECEIVE THEIR FESTIVE GOODIES IN TIME FOR A GREAT LUNAR NEW YEAR CELEBRATION,”

Ms Neo Su Yin,
Chief Executive Officer, Singapore, SingPost

SingPost proudly stands as one of the Logistics Partners for the Community Chest Singapore Fu Dai 2023. This cherished event aims to infuse the festive spirit into the lives of the less fortunate during the Lunar New Year season. Marking its 10th edition this year, Community Chest’s corporate and community partners joined forces to meticulously pack and deliver Fu Dai or “Prosperity Bags” with essential food and drink items, providing much-needed relief for seniors and families facing difficulties. These special deliveries become beacons of joy, illuminating the lives of those in need during the celebratory season.

In addition to delivering these bags of happiness, SingPost staff also joined over 1,300 volunteers from all various companies and organisations to pack more than 8,500 bags of essentials. These bags will benefit a diverse group of beneficiaries, including children with special needs, at-risk youths, individuals with disabilities or mental health conditions, as well as families and seniors requiring assistance. This year, the Community Chest initiative touched the lives of 6,000 families and 2,500 seniors, weaving a tapestry of hope and compassion.

The journey of fulfilment begins with the SingPost team helping to collect the sponsored items – about 8,500 to 10,000 items per venue – from Community Chest’s generous donors and partners, and another collection of event items from Community Chest’s office. All these items had to be delivered to a central location – Changi Exhibition Centre – for packing.

At the packing centre, SingPost staff also rolled up their sleeves to meticulously pick and pack each bag with festive essentials of delicious food and drinks. With the packing completed, it was time to deliver these bags of festive essentials to a network of up to 20 social service agencies and 19 community centres across Singapore.

“As an organisation that aspires to strengthen and uplift our community, I am heartened that our SingPost staff volunteered their time and energy generously in addition to their work schedules, to ensure that people in need receive their festive goodies in time for a great Lunar New Year celebration,” said Ms Neo Su Yin, Chief Executive Officer, Singapore, SingPost.

These acts of kindness signify to the families in need that they are valued and cared for by others, especially the SingPost staff, who sincerely appreciate the opportunity to serve our community and make a lasting difference in the lives of many.



Supporting Community Chest's signature event Fu Dai 2023, 25 volunteers across SingPost came together to help in the pick and packing of the Fu Dai at the Changi Exhibition Centre



SingPost's Network Management fleet and team members also lent their hands in collecting Fu Dai bags and having them delivered them across Singapore